

FACULTY PROFILE

Name: Dr. Raksha Ninama

Email ID: rninama1980@gmail.com

Year of Appointment: 2008



Designation and Department: Assistant Professor, Department of Home Science

Haridev Joshi Government Girls College Banswara (Raj.)

Qualification: M. Sc. (Food & Nutrition), Ph. D.

Membership of Professional Bodies: Social Science and Humanities Association (Life Membership)

Award & Achievement: NIL

Area of Research: The Nutritional Status of Tribal Women

Research Projects Completed/Ongoing: NIL

Research Paper Published:

S. No.	Name of Author	Title of Paper	Name of Journal	Vol., Issue, Page No., Year	ISSN No.
1.	Vinita Sharma & Raksha Ninama	Status of anaemia in tribal women of Banswara district Rajasthan.	Journal of Life Sciences	7(1,2) pp 15-17, 2015	2456- 6306
2.	Raksha Ninama & Vinita Sharma	The evaluation of most important anthropometric variables of tribal women of Banswara district Rajasthan.	International Journal of Biological and Medical Research	7(2), pp 5569-5573, 2016	0976- 6685
3.	Raksha Ninama	A study of nutrient intake of tribal women of Banswara district of Southern Rajasthan.	The Journal of Public Health	119, pp 263-268, 2017	4367- 5937

Books & chapters in Edited Volumes/ Books Published/ Conference Proceedings:

S. No.	Name of Author	Title of Paper/ Books	Name of Publisher	Year of Publication	ISBN
1.	Raksha Ninama, Vinita Sharma &	Impact of organic food on health.	National Seminar "Recent trends in chemical sciences: Global opportunities	2016	978-93-5254-671-8

	Laxman Vadkhiya		and challenges”, organized in SGG Govt. PG college Banswara on 18-19 Jan.		
2.	Raksha Ninama & Laxman Vadkhiya	Effects of plastic packaging on human health	International Seminar “Recent trends in chemical sciences: Global opportunities and challenges”, organized in SGG Govt. PG college Banswara on 18-19 Jan.	2016	978-93-5265-436-9
3.	Laxman Vadkhiya & Raksha Ninama	Tools of pollution control: Waste management	International Seminar “Recent trends in chemical sciences: Global opportunities and challenges”, organized in SGG Govt. PG college Banswara on 18-19 Jan.	2016	978-93-5265-436-9
4.	Raksha Ninama	Nutritional Health Status of Tribal Farm Workers	Akhand Publishing House Delhi.	2015	978-93-81416-23-5
5.	Raksha Ninama , Laxman Vadkhiya & Punita Chordiya	Human health: Effects of ascorbic acid.	Ritu Publication Jaipur	2018	978-93-81451-77-9
6.	Raksha Ninama , Laxman Vadkhiya & Vinita Sharma	Dietary adequacy of aboriginal women of Banswara district of Rajasthan.	Ritu Publication Jaipur	2018	978-93-81451-77-9
7.	Raksha Ninama	Ethnic foods of tribal	Ritu Publication Jaipur	2018	978-93-81451-77-9
8.	Raksha Ninama & Laxman Vadkhiya	The impact of infrastructure facilities on anthropometric measurements and its effects on economic growth.	Himanshu Publications New Delhi	2019	978-81-7906-730-7

9.	Laxman Vadkhiya & Raksha Ninama	The role of agriculture in economic development in Southern Rajasthan.	Himanshu Publications New Delhi	2019	978-81-7906-730-7
10.	Nidhi Srivastava & Raksha Ninama	Child development and child psychology	Ritu Publications, Jaipur	2015	97893-81451-52-6
11.	Raksha Ninama	Extension education	R Publication Jaipur	2020	978-81-942417-6-8

Conference/ Courses/ FDP:

(a) Conferences/ Seminars/ Workshop attended:

S. No.	Author Name	Title of Paper	Title of Conference/ Seminar	Organised by	Year
1.	Raksha Ninama	Current challenge: Improper nutrition in tribal women	Challenges of modern society to the culture and family structure of tribals in India	HDJ Govt. Girls College, Banswara	2014
2.	Raksha Ninama	Guideline to improve nutritional status of tribal women	Emerging role of guidance and counselling in health and well being	Deptt. Of Psychology, MLSU, Udaipur	2014
3.	Raksha Ninama	Intellectual impact on health	Vedic and dharmic sahitya me akeshvarvad	SGG Govt. PG College, Banswara	2015
4.	Raksha Ninama	Lack of nutritional awareness in tribal adolescent girls	Emerging social issues and problems of contemporary Indian society	Deptt. Of Sociology Shree MLV Govt. College, Bhilwara	2015
5.	Raksha Ninama	Adverse effects of pesticides on human health	Advances in chemical, environmental and biological sciences	Deptt. Of Chemistry. Govt. Meera Girls College Udaipur	2016
6.	Raksha Ninama	Mahua: Medicinal plant of southern Rajasthan (India)	Importance of medicinal plants and their effects on health	Govt. Home Science PG College. Hoshangabad (MP)	2018

7.	Raksha Ninama	Health Status of tribal unmarried women of southern Rajasthan	International conference on mankind across roads: challenges and solutions	Govt. Bangur PG College Pali (Rajasthan)	2019
8.	Raksha Ninama	Health of aboriginal women: base of the society	National Conference on Janjatiya Lok Sanskriti avam Sahitya	Govt. PG College Banswara	2019
9.	Raksha Ninama	Protection of women under domestic violence act	International Conference Socio Cultural and technological transformation: Global & Indian	Rajasthan Sociological Association	2019
10.	Raksha Ninama	Janjati samaj me jansanchar madhyamo ki sthiti	National Conference on Tribal Philisophy	Govt. PG College Banswara	2019
11.	Raksha Ninama	Role of immunity enhancing food during pandemic	International Web Seminar on Management of Life Style during Pandemic	Sh. Baluram Godara Govt. Girls College, Shri Ganganagar	2020
12.	Raksha Ninama	Women and their role to built society	National seminar on women empowerment in India: challenges and peospects	Department of Political Science, HDJ Govt Girls College, Banswara	2021

(b) FDP/ Training courses/ any other courses attended:

S. No.	Title of FDP	Organised by	Year
1.	Question paper authoring and student evaluation	NITTTR Chennai, NPTEL SWAYAM	2021
2	Student Assessment	NITTTR Chennai, NPTEL SWAYAM	2022

(c) Refresher/ orientation/ short term courses attended:

S. No.	Name of Orientation/ Refresher/ Short Term	Organised by	Year
1.	73 rd Orientation Programme	UGC Academic Staff College, JNV University Jodhpur	2010
2.	Journalism and Mass Communication	UGC Academic Staff	2013

		College, University of Rajasthan, Jaipur	
3.	Refresher course in research methodology and ethics	UGC Human Resource Development Centre MDS University, Ajmer	2018
4.	Refresher course on Teacher and Teaching in higher education	ARPIT SWAYAM	2020
5.	State level STC- FDP on “New paradigms in teaching and learning excellence in home science”	DCE and Department of Home Science, Govt Girls College, Chomu Jaipur	2020
6.	State level short term training programme “Initiatives for teaching – learning excellence in home science”	DCE and Govt Meera Girls College, Udaipur	2021

Research Guidance: NIL

Any Other Information: Organising National Conference UGC sponsored on “awareness about the nutritional and medicinal value of the ethnic food of tribal in India and its viability for their economic upliftment” as a organising secretary on 8th – 9th September 2017.

(Dr. Raksha Ninama)